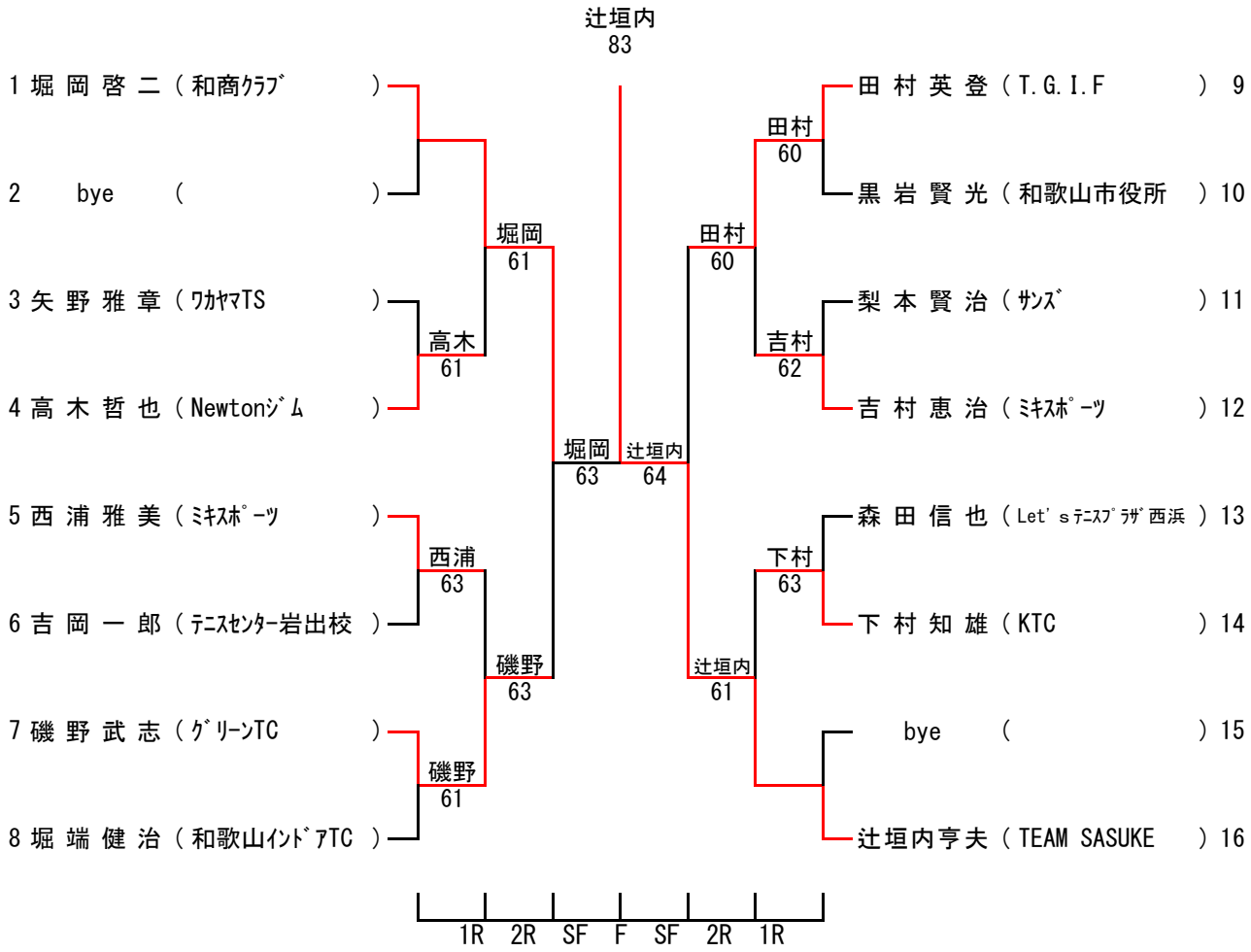45歳以上男子シングルス